



The Leicestershire & Rutland 300

A new indoor round for Junior Archers (and maybe even adults)

Three indoor faces on the same boss. A Portsmouth, a FITA 18 and a Worcester (PAA)

The round consists of 1 dozen arrows at each face and the maximum score would be 300.

Suggested shooting pattern is 3 ends of 4 arrows ie a total of 12 ends. Archers to shoot the first end at a chosen face and then rotate clockwise around the boss for each subsequent end. This adds a little variety to the round.

Another suggestion is to allow three archers to shoot in the same end. Archer A would shoot at Portsmouth Face, B at the FITA 18 and C at the PAA.(if rotating after each end the archers should change positions to avoid shooting across each other)

The round progresses quite quickly and can easily be accomodated within an evening session with plenty of time for other activities.

For the L&RCAA postal competition the distance to shoot will be 20 yards
However within your club you may find it helps new juniors if the 300 is repeated over a three week period at 3 different distances say 10 yards, 15 yards and finally 20 yards.

